



# Capitol Hill Testing Service

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## Contact Lens Practical Examination Candidate Introduction & Directions

Congratulations! You have completed the requirements for admission into the New York State Contact Lens Practical Examination for Ophthalmic Dispensers. Successful completion of the examination along with the satisfactory completion of all other licensing requirements will result in you being certified in the fitting of contact lenses. This notice provides you with information that you need to know about the examination.

You should plan on being at the examination site at least 30 minutes before you are scheduled for registration. You must present valid photo identification (drivers license, state-issued non-driver identification, passport, etc.) as well as your examination admission card at the registration desk. At the registration desk your admission card will be validated and your identification documents will be checked. You will be directed to a waiting area where you will be given a Patient Profile containing information regarding your patient. The examination is in two sections: Biomicroscope Illumination/Instrumentation (30 minutes), and Communication/Slide Identification (30 minutes). During each block of time you will be asked to demonstrate your skills at an assigned examination station. The only equipment you will need to bring is two or three pens. At the completion of each section you will rotate to the next station. Examination staff will direct you to the appropriate examination station. Any personal belongings not necessary for the examination may be left in a holding area designated by the examination staff. You will be able to retrieve your belongings at the end of the examination.

**No personal electronic devices or cell phones are allowed in the examination area.**

The two examination stations are described below:

**Biomicroscope/Instrumentation:** This section of the exam requires you to demonstrate your skills and knowledge of pre-fit measuring and testing. You will be asked to set up various biomicroscope illuminations. You will be asked to explain various pre-fit tear tests. You will be asked to take keratometry readings on a patient. Using this information, along with the information provided in your Patient Profile, you will design a contact lens fitting system for your patient that includes base curve, power, diameter, and material. You will have 30 minutes to complete these tasks. A Task Sheet will be provided to each candidate for referral during this section of the examination. Equipment you will be using will be Marco Slit Lamps, and Marco or Shin-Nippon Keratometers.

**Communication/Slide Identification:** This section of the exam requires you to demonstrate your skill at communicating and instructing the patient in various procedures necessary for being certified to fit contact lenses. You will be asked to explain the insertion and removal procedures for the lens material that is appropriate for the patient described in your Patient Profile. You will explain an appropriate contact lens solution system, and wearing schedule, for the lens material you have selected. Rating will include an evaluation of your ability to communicate this information to a new wearer. You will neutralize a rigid contact lens for base curve, power, and diameter. You will be asked to identify 10 photographs of contact lens fitting issues, lens condition, lens types, and ocular pathologies. You will have 30 minutes to complete these tasks. A Task Sheet will be provided to each candidate for referral during this section of the examination. Equipment you will be using will be Marco Lensometers and Radiuscopes.

At the completion of the examination you will be dismissed from the examination area. Please leave your candidate identification badge at the registration desk before leaving the examination area. Please note that examination staff and examiners cannot, and will not, provide you with any information regarding your performance. You will be notified of the examination results 4-6 weeks after the examination.

Good luck!